

Betty's Fancy Frothy Fruit Soup



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In this video, Betty demonstrates how to make Frothy Fruit Soup. This is a rich fruit blend that is similar to a smoothie, but it is more substantial and contains more types of fruits. It is quite versatile, and you may change the fruits and thickness to your own taste. You may serve it as an appetizer, dessert, or even a complete breakfast or afternoon snack.

Ingredients:

14.5-oz. can fruit cocktail, drained

8-oz. can crushed pineapple, drained

2 fresh bananas, sliced

1 cup whipped topping, partially thawed (Cool Whip or sweetened whipped cream is fine.)

¼ cup milk, or to desired thickness

In the bowl of a blender, place a 14.5-oz. can of drained fruit cocktail, an 8-oz. can of drained, crushed pineapple, and 2 fresh sliced bananas. Blend until smooth. Add 1 cup of thawed whipped topping and ¼ cup milk. Blend until whipped topping is incorporated into mixture. Pour into a soup bowl, sundae dish, or goblet. Serve with an appropriate utensil (such as a straw or spoon). Enjoy!!!

--Betty ☐