

# Betty's Cool Summer Fruit Soup



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In this video, Betty demonstrates how to make Cool Summer Fruit Soup. This is a refreshing fruit soup that consists of fresh peaches, fresh strawberries, and fresh blueberries, with a maple-flavored sauce.

## Ingredients:

- 2 tablespoons cornstarch
- 1 cup cold water
- $\frac{3}{4}$  cup pineapple juice
- $\frac{3}{4}$  cup maple-flavored syrup
- 1 teaspoon lemon juice
- 2 cups chopped fresh peaches
- 1 cup sliced fresh strawberries
- 1 cup fresh blueberries

In a large saucepan, combine  $\frac{1}{4}$  cup water with 2 tablespoons cornstarch. Stir until cornstarch is dissolved in water. Add the remaining  $\frac{3}{4}$  cup water,  $\frac{3}{4}$  cup pineapple juice,  $\frac{3}{4}$  cup maple-flavored syrup, and 1 teaspoon lemon juice. Stir to combine. Place over medium heat and bring to a boil, stirring constantly. Reduce heat and boil 1 minute. Remove from heat and allow to cool. Stir in 2 cups chopped fresh peaches, 1 cup sliced fresh strawberries, and 1 cup fresh blueberries. Cover with plastic wrap and chill for several hours before serving for best results. This is a great soup as an alternative to your everyday style of soup; it is also terrific when served as a dessert. Enjoy!!!

--Betty ☐