

# Betty's 1952 Original Chex Party Mix Recipe



Uploaded on 14 Oct 2009

In this video, Betty demonstrates how to make the Original Chex Party Mix, a recipe that first appeared in the June 16, 1952 issue of Life magazine. Chex cereal was introduced in 1937 by the Ralston Purina Company, and the Original Chex Party Mix was used to promote it 15 years later. This has been a favorite snack over the years, even though the recipe has evolved through the decades, with at least 40 current versions available from General Mills, the maker of Chex cereal. I thought you might be interested in how it all began, by looking at the \*first\* recipe for Chex Party Mix!

Ingredients:

1/3 cup butter  
1 tablespoon Worcestershire sauce  
2 cups Wheat Chex  
2 cups Rice Chex  
1/2 cup nuts  
1/4 teaspoon salt  
1/8 teaspoon garlic salt

Melt 1/3 cup butter in a shallow baking pan. Stir in 1 tablespoon Worcestershire sauce. Add 2 cups Wheat Chex, 2 cups Rice Chex, and 1/2 cup nuts. (I used peanuts.) Sprinkle with 1/4 teaspoon salt and 1/8 teaspoon garlic salt. Heat for 30 minutes in a 350 degree oven, stirring every 10 minutes. (Note: After baking for the first 10 minutes, I lowered the heat to 250 degrees, and after the second 10 minutes, I removed the Party Mix from the oven. The Chex Mix would have been over-brown, if I had left it the full 30 minutes at 350 degrees. I suggest you bake this mix at only 250 degrees for 30 minutes, stirring every 10 minutes.) Cool. (Note: I stored my Chex Party Mix in an airtight container after it was cool.)

This is an interesting look back at a very simple combination of textures and flavors that became \*very\* popular! I think you will enjoy this simple mix!