

Betty's Summertime Fruit Salad Recipe



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In this video, Betty demonstrates how to make a gorgeous and flavorful Summertime Fruit Salad. The in-season fruits of peaches, blackberries, and bananas are used in this salad, and it is bound together with a tangy lemon sauce. Very Refreshing!

Ingredients:

- 3 medium-sized peaches, peeled and sliced
- 3 medium bananas, peeled and sliced
- 1 pint blackberries, washed and drained.
- 1/4 to 1/2 cup lemon juice (freshly squeezed or reconstituted)
- 1/2 cup Splenda (or sugar)

Slice 3 peaches and 3 bananas into two separate bowls. Immediately cover each bowl of fruit with up to 1/4 cup of lemon juice to hold the color and freshness. Wash and drain 1 pint of blackberries into a separate bowl. Now, use a large bowl, and combine the 3 prepared fruits (including lemon juice). Add 1/2 cup Splenda or sugar. Stir gently, so that the blackberries will not bleed into the other fruits. When completely blended, pour the fruit mixture into a nice, clear serving bowl. Cover with plastic wrap, and refrigerate until ready to serve. This is a great salad for using seasonal fruits; it looks and tastes lovely!