

# Betty's Arugula Cherry Pecan Salad



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In this video, Betty demonstrates how to make Arugula Cherry Pecan Salad. I chose only four ingredients for this salad, but you can experiment with flavors and textures to make a salad of your liking. It is great for entertaining!

Ingredients (for 2 salads):

about 4 cups washed and dried baby arugula lettuce (You may substitute baby spinach or other greens, in the amount you want for the number of salads you're making.)

½ cup dried cherries (You may use another dried fruit or fresh fruit.)

½ cup feta cheese, crumbled (You may substitute blue cheese crumbles or cheddar/Colby cubes.)

½ cup glazed pecans, broken in pieces (You will find a recipe for Glazed Party Pecans in [bettyskitchen](#).)

In a medium-sized salad bowl, place 4 cups baby arugula lettuce, ½ cup dried cherries, ½ cup feta cheese crumbles, and ½ cup glazed pecan pieces. Toss gently, and then serve onto a salad plate. Provide a salad dressing of your choice. I served my Arugula Cherry Pecan Salad in a Parmesan Cheese Salad Bowl, accompanied by bottled Poppy Seed Dressing. It is a delicious combination of flavors and makes a beautiful presentation! I hope you like this idea for creating and serving salads!  
--Betty :)