

# Betty's Apple, Grape and Peanut Salad Recipe



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In this video, Betty shows how to make her original Apple Salad. It is very quick and easy to prepare and is a favorite in her family.

Ingredients:

- 2 coarsely chopped fresh red delicious apples (washed)
- 2 cups red seedless grapes (washed)
- 1 cup salted peanuts (no skins)
- 1 cup mayonnaise
- 1 oz. (1/8 cup) lemon juice
- 1/4 cup Splenda (or sugar)

Chop the apples, using a splash of lemon juice to keep apples from turning brown. Place the 2 chopped apples, 2 cups grapes, 1 cup peanuts, 1 cup mayonnaise, 1 oz. (1/8 cup) lemon juice and 1/2 cup Splenda in a large mixing bowl. Mix until all fruit is coated with the creamy dressing. Cover with plastic wrap and refrigerate until serving. Dish the Apple Salad into serving bowls to serve. I think you will love this salad; it's healthy, too!