

Betty's Ambrosia Delight Salad Recipe



Uploaded on 6 May 2009

In this video, Betty demonstrates a request from a viewer--her Ambrosia Delight Recipe. This is a beautiful salad that can double as a dessert, and it is filled with flavor from fruit cocktail, Mandarin oranges, maraschino cherries, coconut, and marshmallows. The whipped cream topping is given a boost with a little sour cream!

Ingredients:

- 1/2 cup sour cream
- 8 oz. container frozen whipped topping, thawed
- 15 oz. can fruit cocktail, drained
- 15 oz. can Mandarin oranges, drained
- 16 oz. jar of maraschino cherries, drained (I save the juice to make Cherry Coke later!)
- 1 cup flaked sweetened coconut
- 2 cups miniature marshmallows

Combine 1/2 cup sour cream and 8 oz. whipped topping in a large bowl. Fold in 15 oz. drained fruit cocktail, 15 oz. Mandarin oranges, drained, 16 oz. drained maraschino cherries, 1 cup flaked sweetened coconut, and 2 cups miniature marshmallows. Gently blend all ingredients together, leaving it nice and fluffy. Spoon your finished Ambrosia Delight Salad into elegant clear bowl for serving. Cover with plastic wrap, and refrigerate until ready to serve. Wonderful Ambrosia! (Definition: "food of the Gods.")