

Betty's Doggone Good Hush Puppies Recipe



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In this video, Betty makes Doggone Good Hush Puppies to go with her Southern Catfish dinner. They are deep-fried and then drained on paper toweling, with very little grease added to the catfish accompaniment!

Ingredients:

2 cups self-rising cornmeal mix (This is a ready-made seasoned mixture of cornmeal and flour.)

3/4 cup milk

1 tablespoon sugar

1/2 small onion, finely chopped

1 egg, well beaten

about 2 inches cooking oil in a deep fry cooker or pot on the stove (I used peanut oil in a deep fry cooker.)

In a medium-sized mixing bowl, combine 2 cups self-rising cornmeal mix, 3/4 cup milk, 1 tablespoon sugar, 1/2 small onion, finely chopped, and 1 well-beaten egg. Stir until ingredients are just mixed. Drop into hot oil, 1 teaspoon at a time, and cook until golden brown. Serve while hot with fish or other seafood--It's the perfect accompaniment!