

# Betty's Simple Super Bowl Bean and Cheese Dip



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In this video, Betty demonstrates how to make a Super Simple Bean and Cheese Dip. This dip is composed of refried beans, cheddar cheese soup, milk, and chopped green chiles. It is heated just to boiling, and then it's ready to serve with chips!

## Ingredients:

16-oz. can refried beans

10 <sup>3</sup>/<sub>4</sub>-oz. can condensed cheddar cheese soup

<sup>1</sup>/<sub>4</sub> cup milk

<sup>1</sup>/<sub>2</sub> of a 4-oz. can chopped green chiles, undrained (You may use the full 4-oz. can, if you want the dip to be a little spicier!)

tortilla chips (I used Frito's Scoops)

In a medium-sized pot, combine a 16-oz. can of refried beans, a 10.75-oz. can of condensed cheddar cheese soup, <sup>1</sup>/<sub>4</sub> cup milk, and 2 to 4 oz. chopped green chiles. Stir until combined. Heat slowly, stirring constantly, until smooth and bubbly. Transfer to a serving bowl, and serve with tortilla chips. This is a nice dip to put in a crock pot and keep warm during a party. (You may want to double the recipe if you're taking it to a get-together. It's great for holiday parties or sports games or just when you're lounging on the sofa and feel like a spicy snack. I hope you enjoy this recipe! --Betty ☐