

## Betty's Friendship Fruit Dip Recipe



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In this video, Betty demonstrates how to make a light and luscious Friendship Fruit Dip. This recipe was given to me by Lynn, a great friend I met on YouTube about a year ago. She has shared several wonderful recipes with me, and I want to pass this one along to all of you. Its beautiful and tastes wonderful!

Ingredients:

8-oz. cream cheese, softened to room temperature (You may use the fat-free type.)

½ cup confectioners sugar

1 teaspoon lemon juice

4-oz. whipped topping (You may use a fat-free or sugar-free type.)

In a large mixing bowl, beat 8-oz. cream cheese with an electric mixer until fluffy. Add ½ cup confectioners sugar and 1 teaspoon lemon juice, and beat again with an electric mixer until fluffy. Now, carefully fold in 4-oz. whipped topping. Cover and chill until ready to use. (The dip is ready to use immediately, also.) Serve with fresh fruit. I demonstrated the serving of this dip with fresh pineapple and blueberries. Some other appropriate fruits are strawberries, cantaloupe, honeydew melon, watermelon, peaches, pears, apples, oranges, cherries, bananas, kiwi fruit, grapes—just about any fruit that you like! You can place the dip in a serving bowl and let guests spoon the amount they need onto their serving plate, if you like. This is a treat that you can arrange in such a way that the colors of the fruit and the combination of the flavors is just gorgeous! Enjoy!!! --Betty ☐