

Betty's Festive Mexican 7-Layer Dip Recipe



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In this video, Betty demonstrates how to assembly everyone's favorite 7-Layer Mexican Dip. Great for parties!

Ingredients:

- 16 oz. can refried beans
- 2 avocados
- 2 teaspoons lime juice
- 2 chopped tomatoes
- (2) 4.25 oz. cans chopped or sliced ripe olives
- 1 cup sour cream
- 1/2 cup mayonnaise
- 1 package taco seasoning mix
- shredded Mexican cheese (Cheddar and Monterey jack) to taste
- 1 bunch green onion tips, chopped
- 1 package of Tostitos crispy rounds tortilla chips

Spread the refried beans evenly in the bottom of a clear (approx. 9 inch by 12 inch) Pyrex dish. For the second layer, peel and mash the two avocados with the two teaspoons lime juice in a small mixing bowl. Spread this over the top of the refried beans. Wash and chop 2 tomatoes. Drain them with a colander, and then sprinkle them evenly over the avocado layer. Next, drain the ripe olives and sprinkle them over the tomato layer. At this point, mix together 1 cup of sour cream, 1/2 cup of mayonnaise and 1 package of taco seasoning mix in a small mixing bowl. Spread this mixture evenly over the ripe olive layer. Now, sprinkle the mayonnaise mixture layer generously with Mexican cheese. Finally top the 7-layer dip off with a sprinkling of the bunch of green onion tops. To serve, dip a Tostito into the dip and eat.! Enjoy!!!