

Betty's Fruit-Topped Banana Split



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In this video, Betty demonstrates how to make a Fruit-Topped Banana Split. Scoops of vanilla, strawberry, and chocolate ice cream are placed on top of a banana that has been halved. The ice cream is then topped with fresh blueberries, fresh strawberries and canned crushed pineapple. Over the fruit are rosettes of whipped topping and three maraschino cherries. Yummy!

Ingredients:

bananas, as needed

vanilla ice cream, as needed (If you have Neopolitan ice cream, that will provide all the ice cream flavors you need.)

chocolate ice cream, as needed

strawberry ice cream, as needed

halved blueberries, sweetened with sugar or sweetener, as needed

cubed strawberries, sweetened with sugar or sweetener, as needed

drained, crushed pineapple, as needed

whipped topping, as needed (I used Reddi-Wip.)

whole maraschino cherries, as needed

For each banana split, peel a banana, cut it into two equal parts lengthwise, and place it in a bowl; an elongated bowl is best. Place a scoop of vanilla ice cream, one of chocolate ice cream, and one of strawberry ice cream on top of the split banana. Next place some prepared blueberries on top of the scoop of vanilla ice cream, some prepared strawberries on top of the scoop of chocolate ice cream, and some drained, crushed pineapple on top of the scoop of strawberry ice cream. Now squirt a rosette of whipped topping on top of each fruit-topped scoop of ice cream. Finally, top each rosette of whipped cream with a whole maraschino cherry. Voila! A super summertime treat! Enjoy!!! --Betty