

Betty Makes Birthday Cupcakes with Grandson Carter



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In this video, Betty demonstrates how to help a child enjoy cooking by helping her grandson, Carter, make cupcakes for his birthday. Carter is 4 years old today, and he will be celebrating his birthday with his classmates at school today. Carter needed to bring 2 dozen cupcakes for the students and teachers, so I made those, but I made enough batter for Carter to "play" at making and decorating 2 dozen more. My suggestion is that when you are making something like cupcakes with a child of Carter's age, that you purchase cake mix(es), ready-to-spread frosting, and candy sprinkles. You should do any work with an electric mixer, and have the batter ready before involving the child. Then, you can let the child stir the batter, perhaps spoon some of the batter into baking cups, spread the frosting, and decorate the cupcakes with sprinkles. We decided to make one of the batches by putting a layer of chocolate batter on the bottom and a layer of yellow batter over it, and then using a small knife to "marble" it. You need to handle all of the putting in and getting out of the oven yourself, and be sure to put away sharp knives, or other instruments. This can be a fun learning experience for the child, but don't expect the child to do everything perfectly! (I do want to mention that I stated a couple of times that I was using a teaspoon for dipping the batter, when actually it was a tablespoon!) Carter and I had a great time finishing our cupcakes after the end of shooting this video, and our family had a little birthday party after dinner last night where we ate "his" cupcakes and opened his present from Rick and me--a Big Wheel! Happy Birthday, Carter--We love you! --Grandma and Big Daddy