

# Betty's Vanilla Banana Milkshake and Chocolate Banana Milkshake Recipes



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In this video, Betty responds to a viewer request for banana recipes and makes a summer favorite--Banana Milkshake--both Vanilla Banana Milkshake and Chocolate! Banana Milkshake!!!

Ingredients (for each shake):

1 large fresh ripe banana, sliced

1/4 to 1/2 cup milk (1/2 cup milk makes a thin milkshake; 1/4 cup milk makes a thick milkshake.)

1/2 teaspoon vanilla extract

1 cup vanilla ice cream or 1 cup of chocolate ice cream

Place all of the ingredients into a blender process on "blend" until smooth. Pour into an appropriate glass, provide a tall spoon and a large straw, and serve immediately. This is heavenly on a hot, summer day!!!