

Betty's Southern Peach Tea



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In this video, Betty demonstrates how to make Southern Peach Tea. This is a method for making peach tea, similar to the peach tea I ordered for brunch during our recent visit to Boone Tavern Hotel and Restaurant in Berea, KY. It is delicious and refreshing!

Ingredients:

1 pitcher iced tea, about 8 cups (I made my tea by boiling 6 small tea bags for 3 minutes, and then pouring the brewed tea into a pitcher containing 6 cups of water.)

2 ripe peaches, peeled and cut into slices

½ cup sugar (You may use an equivalent amount of artificial sweetener.)

ice cubes, as desired

mint sprigs for garnish

Place about 8 cups of tea in an average-sized pitcher, leaving room for the addition of some liquefied peaches. Place 2 peeled and sliced peaches into a blender and add ½ cup sugar or sugar substitute. Blend until the sweetened peaches are liquefied. Add liquefied peaches to fresh tea. Stir. Place ice cubes at the top of the pitcher. To serve, pour Southern Peach Tea into tall glasses containing ice cubes and a straw. Place a sprig of mint on top and enjoy! I hope you love this recipe! --Betty ☐