

# Betty's Meatloaf Stacks



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In this video, Betty demonstrates how to make Meatloaf Stacks. This video includes a new recipe for meatloaf. The Meatloaf Stacks use Beefy Whipped Potatoes and Beef Broth Gravy. You will find both recipes in [bettyskitchen](#).

## Ingredients:

### For the meatloaf:

- 1 pound uncooked ground beef, about 20% fat
- ½ pound pork sausage, any flavor
- ¾ cup oats (I used instant oats, which is probably better than old fashioned oats for this application.)
- ¼ cup chopped onion
- 1 teaspoon salt
- ¼ teaspoon ground black pepper
- 1 cup tomato juice
- ½ cup ketchup
- 1 well-beaten egg

### Other ingredients:

- ½ cup melted butter for basting meatloaf
- Beefy Whipped Potatoes
- Beef Broth Gravy

Combine all ingredients for meatloaf. Mix with electric mixer, in order to obtain a smooth texture to the meatloaf slices. Line a rimmed baking pan with aluminum foil and spread melted butter over the aluminum foil (where the loaf will be placed). With your hands, form meatloaf mixture into a log and place in the center of the foil-lined baking pan. Bake 1 hour at 350 degrees (F), basting at the beginning and at 20 minute intervals. Remove the meatloaf from the oven and place it on a clean cutting board. Place aluminum foil loosely over meatloaf and let it rest for 10 minutes. After the meatloaf has rested 10 minutes, slice it into ½-inch slices. (I used an electric knife, in order to get smooth cuts.) Now, assemble your Meatloaf Stack on a serving plate. Place one slice of meatloaf in the center of the plate. Top with about ½ -inch Beefy Whipped Potatoes. Place a second slice of meatloaf over the potatoes and top the stack with ½-inch of Beefy Whipped Potatoes. You may swirl the top of the potatoes with the back of a spoon or pipe them from a piping bag. Generously drizzle Beef Broth Gravy over the top of the stack, letting it stream down all sides, without hiding the looks of the stack. Serve immediately. This recipe can be made in stages, refrigerating each part, until you are ready to assemble your Meatloaf Stacks. Then, just microwave the amounts you need for the number of stacks you are making and put them together. (You may also make them as Triple Decker Meatloaf Stacks, if desired!) I hope you enjoy this recipe. My family loves it! --Betty ♥♥♥♥♥